

MILT ABEL

BIO

Born on New Year's day in the nation's capital and with a last name that begins with the letters A-b-e, Milt has always been at the front of one line or another. Before he was one year old Milt's family moved west in a covered station wagon, and despite living his entire life in California he has yet to refer to anyone as 'dude'.

It was in College that Milt first started to perform; eventually writing, directing, and acting in his own plays for students and faculty. After graduating with honors from San Jose State University, Milt moved to San Francisco in search of a career in stand-up comedy and a reasonably priced apartment, no easy task in San Francisco. "I'm beginning to think that Adam and Eve's real punishment wasn't so much that they had to leave the garden, as it was that they had to find another place..."

A headlining stand-up comedian for over twenty years, Milt has performed throughout the United States and Canada in venues ranging from corporate engagements to cruise ships, from television to bars masquerading as comedy clubs under names like 'Ha Ha a Go Go.'

Milt now lives in a small town outside Portland, Oregon with his wife, Janie, and their three kids; Kelsey, Noah, and Ellery where they have next door neighbor with a rooster that, 'Apparently is blind. This bird has no idea when the sun rises, but takes shots at it all night long.'

With almost a dozen television appearances, including "An Evening at the Improv", Showtime, and PBS, not to mention several television commercials, Milt is an active member of both professional acting unions, S.A.G. and A.F.T.R.A.

Milt Also tours in the show *4 stand-up Dads*, and has also recently published a book of humorous short stories, "Stories from the Delux."

(quoted from a recent interview)

What got you started in stand-up comedy?

"The brochures were very alluring. There was also a campus recruiter who had set up a booth with a banner reading; Wanna make fun of people and sleep 'till noon?' I became a victim of aggressive marketing."

How would you describe your comedy?

"Observational, anecdotal. Neither divisive or derisive. I stay away from cheap shots because there is nothing worse than telling a joke you're not proud of, and it doesn't work. A good portion of my material comes from stories and observations about my wife and kids. I have a wonderful marriage and family life but it doesn't sound exactly like that in my show, there's no humor in 'we all loved each other today and we were happy, happy, happy'."

A favorite joke of yours?

"A friend of mine spent his entire life trying to find the secret to immortality... you know what his dying words were? 'No, that's not it'."